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Date of Birth:

Occupation:

MEDICAL HISTORY INTAKE INFORMATION SHEET DEMOGRAPHIC INFORMATION

Name:

Employer: With whom do you live?

 Today's date:

 CURRENT MEDICAL PROBLEMS

What are your current medical problems or concerns? What treatments have been tried in the past?

CHRONIC MEDICAL PROBLEMS

Check any of the follow	ving med	ical problem	ms <i>currentl</i> y	being trea	ated	•						
High blood pressure	Cancer			Asthma	Asthma			Irritable bowel disease				
Heart disease	Depression			Lung d	Lung disease			Headaches				
High cholesterol	Seizure			Low the	Low thyroid			Prostate problems				
Chest pain	Pain with daily activities			Stomac	Stomach problems			None of the above				
SURGICAL HISTORY												
Please list any surgeries you have had and when they occurred:												
Surgery		Month/Yea			C							
FAMILY HISTORY (Blood relatives)												
		Father	Mother	Sister	E	Brother	Gran	dparents	Aunt	Uncl	e	
Hypertension												
Heart disease												
High cholesterol												
Osteoporosis												
Depression												
Breast cancer												
Ovarian cancer												
Colon cancer												
Prostate cancer												
Diabetes												
Other (please list)												
Age (current or at death	ı)											

Contraception: Yes No	Contraception: Yes No N/A What form?								
Females only:									
Last menstrual period: How frequent: (# of days):									
Was your flow light Medium Heavy									
CURRENT MEDICATIONS & SUPPLEMENTS									
Please include prescription, over the counter, and herbal medications.									
Medication	Dose	How often taken/used?							
DRUG ALLERGIES/REACTIONS									
Medication	Reaction	Date of reaction							
	HEALTH HAI	BITS							
Smoking currently: Yes No									
Smoking currently: Yes No Past smoking: Yes No If yes, how much do or did you smoke? For how many years?									
Are you interested in quitting?									
Alcohol: Yes No									
If yes, how much do you drink? How often?									
Illicit Drugs: Do you use any street drugs? Yes No What type(s)									
Caffeinated beverages: Yes No									
How many per day?									
Exercise: Yes No									
What kind of exercise? How often?									
Sleep pattern: How many hours of sleep do you routinely get?									
Do you feel rested upon waking? Yes No Do you snore? Yes No									
Safety issues: Do you wear seatbelts whenever in a vehicle? Yes No Do you wear a bike helmet if riding a bike? Yes No									
Are there any guns in your home? Yes No									
Has anyone ever hit kicked slappe	d or used force upon you i								
If yes, please describe.									